

# Adult and Elder Care: Simplifying Support for Your Loved Ones



Navigating the complexities of care for adults or elderly family members can be a minefield. Our **Adult and Elder Care resource** is here to help simplify the process, helping you understand, find, and fund the right care for you or your loved ones (aged 18 or over) at no extra cost.

## How Does It Work?

- 1 Confidential, Expert Support**  
Enjoy personalised, one-to-one telephone support with a dedicated care expert who will be with you every step of the way.
- 2 Tailored Resources**  
Our care experts will direct you to the most relevant online tools, care guides, and resources, crafting a customised care plan just for you.
- 3 Arranging Care Details**  
Get assistance with finding and arranging immediate or future care, and learn more about important topics such as power of attorney.
- 4 Funding Assistance**  
Explore your eligibility for NHS funding, benefit entitlement checks, and government support. Plus, access financial advice to help fund care.
- 5 Home Care Support**  
Discuss home adaptation and home help options with our care experts to ensure a comfortable living environment.

## Find out more

Discover all the ways we can support you [here](#)

## How to access this service

Call Freephone: **08000 608 823**  
Lines are open Monday to Friday, 9am to 5pm. Calls may be monitored and recorded. This service is provided by L&G Care.

### Alternative formats

If you would like this translated or have a copy in an alternative format such as large print, braille or audio please [email us](#) or call us on **0345 026 0094**. Lines are open from 9am to 5pm, Monday to Friday. We may record and monitor calls. Call charges will vary. BH4304 06/25

