

# Accepted accreditations and qualifications

This list will be reviewed on a regular basis. We can only cover claims for the treatments listed if they are included in your current Membership Plan.

Please make sure that the practitioner's qualifications, registration or membership are relevant to the treatment they are providing. It's essential to make sure you're getting the best care possible.

As of October 2024, this list is accurate. But to stay in the loop with any updates or changes, please visit healthshield.co.uk for the most up-to-date list.

### Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homeopathy Benefit

Physiotherapy HCPC Health and Care Professions Council

ISCP The Irish Society of Chartered Physiotherapists

Chiropractic CAI Chiropractic Association of Ireland

GCC General Chiropractic Council

Osteopathy CTA/CSTA Craniosacral Therapy Association

GOsC General Osteopathic Council
OCI Osteopathic Council of Ireland

Acupuncture AACP Acupuncture Association of Chartered Physiotherapists

AAC Association of Acupuncture Clinicians

ACI Acupuncture Council of Ireland

AFPA Acupuncture Foundation Professional Association

ATCM/TCM Association of Traditional Chinese Medicine and Acupuncture UK/

Traditional Chinese Medicine

BAcC British Acupuncture Council

BAWMA British Academy of Western Medical Acupuncture

BMAS British Medical Acupuncture Society

FTCMP Federation of Traditional Chinese Medicine Practitioners

Homeopathy FHom Faculty of Homeopathy

BHMA British Homoeopathic Medical Association

ISH Irish Society of Homeopaths

LCPH Licentiate of the College of Practical Homeopathy
MARH Member of the Alliance of Registered Homeopaths

RSHom Licensed or Registered Member of the Society of Homeopaths

#### **Chiropody Benefit**

FHP Foot Health Practitioner

HCPC Health and Care Professions Council

SCPI Podiatry Ireland

#### **Specialist Consultation and Scanning**

GMC General Medical Council (as Specialist)

MRCS/FRCS Member or Fellow of the Royal College of Surgeons
MRCP/FRCP Member or Fellow of the Royal College of Physicians

#### Health and Wellbeing Benefit

Acupressure ACI Acupuncture Council of Ireland

AFPA Acupuncture Foundation Professional Association

ATCM/TCM Association of Traditional Chinese Medicine and Acupuncture UK/

Traditional Chinese Medicine

# Health and Wellbeing Benefit (continued)

Acupressure (continued)	BAcC	Pritich Acupuncture Council
Acupressure (continued)	BCMA	British Acupuncture Council British Complementary Medicine Association
	BMAS	British Medical Acupuncture Society
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	BRCP	British Register of Complementary Practitioner
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	MAcSAp	Acupressure Member of the Acupuncture Society
	VTCT	Vocational Training Charitable Trust
Allergy Testing and Food	BANT	British Association for Nutrition and Lifestyle Medicine
Intolerance Testing	BCMA	British Complementary Medicine Association
	BIAET	British Institute for Allergy and Environmental Therapy
	CNHC	Complementary and Natural Healthcare Council
	NNA	Naturopathic Nutrition Association
Aromatherapy Massage	CHP	Complementary Health Professionals
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	IFA	International Federation of Aromatherapists
	IFPA	International Federation of Professional Aromatherapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Bowen/Alexander Technique	BAUK	The Bowen Association UK
Bowen/Alexander Technique	BAUK BTAA	The Bowen Association UK Bowen Therapy Academy of Australia
Bowen/Alexander Technique	BTAA	Bowen Therapy Academy of Australia
Bowen/Alexander Technique	BTAA BTPA	Bowen Therapy Academy of Australia Bowen Therapy Professional Association
Bowen/Alexander Technique	BTAA BTPA CNHC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council
Bowen/Alexander Technique	BTAA BTPA CNHC ECBS	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies
Bowen/Alexander Technique	BTAA BTPA CNHC ECBS IIHHT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists
Bowen/Alexander Technique	BTAA BTPA CNHC ECBS IIHHT ITEC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council
Bowen/Alexander Technique	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification
Bowen/Alexander Technique	BTAA BTPA CNHC ECBS IIHHT ITEC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust
Bowen/Alexander Technique  Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT CNHC CThA	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification
Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council
	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust Association of Registered Colon Hydrotherapists
Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ VTCT  ARCH CNHC	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust  Association of Registered Colon Hydrotherapists Complementary and Natural Healthcare Council
Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ VTCT  ARCH	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust  Association of Registered Colon Hydrotherapists Complementary and Natural Healthcare Council Global Professional Association for Colon Therapy
Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ VTCT  ARCH CNHC GPACT I-ACT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust  Association of Registered Colon Hydrotherapists Complementary and Natural Healthcare Council Global Professional Association for Colon Therapy International Association for Colon Hydrotherapy
Chair Massage	BTAA BTPA CNHC ECBS IIHHT ITEC NVQ/SVQ STAT VTCT  CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ VTCT  ARCH CNHC GPACT	Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust  Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust  Association of Registered Colon Hydrotherapists Complementary and Natural Healthcare Council Global Professional Association for Colon Therapy

Counselling including Cognitive Behavioural Therapy	BABCP BACP BPS HCPC UKCP	British Association for Behavioural and Cognitive Psychotherapies British Association for Counsellors and Psychotherapists British Psychological Society Health and Care Professions Council UK Council for Psychotherapy
Hopi Ear Candles	IIHHT ITEC NVQ/SVQ VTCT	International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Hot-stone Massage	CNHC FHT IMTA ITEC NVQ/SVQ VTCT	Complementary and Natural Healthcare Council Federation of Holistic Therapist Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Hypnotherapy	BSCH BSCAH CHPA CNHC CThA FHT GHR NCH NHS	British Society of Clinical Hypnosis British Society of Clinical and Academic Hypnosis Clinical Hypnotherapy Professionals Association Ireland Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists General Hypnotherapy Register National Council for Hypnotherapy National Hypnotherapy Society
Indian Head Massage	CNHC CThA FHT IIHHT IMTA ITEC NVQ/SVQ VTCT	Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists Irish Massage Therapists Association International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Kinesiology	CNHC KA KAI KF	Complementary and Natural Healthcare Council Kinesiology Association The Kinesiology Association of Ireland Kinesiology Federation
Manual Lymphatic Drainage	CNHC FHT ITEC MLD Ireland MLD UK VTCT	Complementary and Natural Healthcare Council Federation of Holistic Therapists International Therapy Examination Council Manual Lymphatic Drainage Ireland Manual Lymphatic Drainage UK Vocational Training Charitable Trust
Naturopathy	ANP BNA CNHC GCRN	Association of Naturopathic Practitioners British Naturopathic Association Complementary and Natural Healthcare Council General Council and Register of Naturopaths

Naturopathic Nutrition Association

NNA

Nutritional Therapy	CNHC	Complementary and Natural Healthcare Council
including Dieticians	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HCPC	Health and Care Professions Council
	INDI	Irish Nutrition and Dietetic Institute
	NNA	Naturopathic Nutrition Association
Reflexology	AoR/MAR	Association of Reflexologists
	BRA	British Reflexology Association
	CAR	Clincal Association of Reflexologists
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IFR	International Federation of Reflexologists
	IIHHT	International Institute of Health Holistic Therapists
	IIR	International Institute of Reflexology
	IRI	Irish Reflexologists' Institute
	ITEC	International Therapy Examination Council
	NRRI	National Register of Reflexologists (Ireland)
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Reiki	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	RASA	Reiki and Seichem Association
	RHATS	Reiki Healers and Teachers Society
	RM/RMT	Reiki Master/Reiki Master Teacher
	RSI	The Reiki School of Ireland
	UKRF	UK Reiki Federation
Shiatsu	CNHC	Complementary and Natural Healthcare Council
	IIHHT	International Institute of Health Holistic Therapists
	MrSS	Member of the Shiatsu Society
	SSI	Shiatsu Society Ireland
	IMTA	Irish Massage Therapists Association
Sports/Remedial/Deep Tissue	BASRaT	British Association of Sport Rehabilitators
and Pre-natal Massages	CNHC	·
including Sports Therapy		Complementary and Natural Healthcare Council
including Sports Therapy	CThA FHT	Complementary Therapists Association Federation of Holistic Therapists
		·
	HND	Higher National Diploma
	IIHHT	International Institute of Health Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ISRM	Institute for Soft Tissue Therapists
	ITEC	International Therapy Examination Council
	LCSP	London and Country Society of Physiologists
	LSSM	London School of Sports Massage
	MTI	Massage Training Institute
	NAMMT	National Association of Massage and Manipulative Therapists
	SMA	Sports Massage Association

## Health and Wellbeing Benefit (continued)

Sports/Remedial/Deep Tissue	SMTO	Scottish Massage Therapists Organisation
and Pre-natal Massages	SST	Society of Sports Therapists
including Sports Therapy	STA	Sports Therapy Association
(continued)	STO	Sports Therapy Organisation
	VTCT	Vocational Training Charitable Trust
Swedish Massage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapists
	IMTA	Irish Massage Therapists Association
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Fitness Benefit	BASRaT	British Association of Sport Rehabilitators
(£100 Prestige Members)	REPS	Register of Exercise Professionals
	<b>REPS</b> Ireland	Register of Exercise Professionals